Connecting Three Dots

A program to empower children to reach their full potential through healing services



Barnardos Australia | Because every child needs a champion™



About Connecting Three Dots

Connecting Three Dots is a program designed for children with disabilities who have experienced Domestic and Family Violence and are residing in Western NSW, with services based in Mudgee and Wellington. This service focuses on providing trauma-informed, child-centred therapeutic healing to help children understand and process their experiences. A diagnosis is not required.

Through this approach, it aims to:

- Build self-confidence and sense of self-strength
- Strengthen a sense of safety and stability
- Improve both physical and mental health
- Encourage engagement in school, educational and cultural activities
- Encourage engagement with therapeutic Life Story Work
- Support stronger, more trusting relationships with the safe caregivers

Contact Us

Barnardos Mudgee

119 Church St, Mudgee NSW 2850

Phone (02) 5319 8100
Contact Jude Besterwitch
C3D Counsellor

Barnardos Wellington

141 Percy Street, Wellington NSW 2820

Phone (02) 5824 3050
Contact Jude Besterwitch,
C3D Counsellor

Email connecting3dots@barnardos.org.au

Supported by

Ronald Geoffrey
Arnott Foundation



About Barnardos

At Barnardos Australia we champion children. We listen, we act, and we advocate for the rights and safety of children and families. We are committed to supporting families to address barriers, strengthen opportunities, and advance equity.

For over 100 years, we have worked alongside children, young people, families, and communities to create lasting positive change. Guided by evidence and research, we deliver tailored services that protect children from harm, support them to heal, and strengthen connections within their families, culture and communities. For children who cannot live safely at home, we find them safety and stability through kinship care, foster care and open adoption, helping them find a place to belong and build a hopeful future.

We are dedicated to the prevention of trauma in children, and support families to be the best parents they can be. We help children to recover and thrive, and we find safe homes for them through foster care and open adoption where there is a risk of abuse.

Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.

barnardos.org.au

#BarnardosAustralia

ABN 18 068 557 906
A Company Limited by Guarantee
PE_26_1159