



About the centre

The South Coast Children's Family Centre has been providing services to the local community for many years. We welcome families from all backgrounds and cultures. The centre is committed to the provision of innovative, professional and holistic support services to children, young people, their families and the communities in which they live. Our services include:

- Short term foster care
- Kinship care
- Supported playgroups
- HIPPY - Home Interaction Program for Parents and Youngsters
- South Coast Family Support - Generalist, Specialist & Parenting Groups
- Communities for Children (Shellharbour)
- Bundaleer Community Development Centre

Key support services

Family Support

Our Family Support Services offer a range of programs centred around the goal of supporting Indigenous and non-Indigenous parents, with young children to feel more connected to each other and their community.

Along with home visits, we offer a weekly supported playgroup and parenting capacity programs such as Circle of Security and BlackBox parenting.

South Coast Family Support - Generalist

South Coast Family Support - Generalist provide short term assistance to Indigenous and non-Indigenous families with children up to five years old, who may require additional support with a range of issues which can impact on parenting and family relationships.

Family Support - Specialist

Family Support - Specialist (SUPPS) offers pre-natal support to women that have current or previous drug & alcohol use, or within one month of giving birth. Assistance can also be offered to women experiencing other vulnerabilities in pregnancy through POSIE program. The program offers case management to assist with birth and parenting preparation, drug and alcohol management, and other impacting issues. The program supports maternal health, child well-being and early parenting for as long as needed.

Home Interaction Program for Parents and Youngsters (HIPPY)

HIPPY is a two-year, home-based, early learning and parenting program for families with young children, aged three to four years. HIPPY provides structured, education-focused resources and support that lay the foundations for success at school. HIPPY is free for families.

Community Development Bundaleer

Barnardos South Coast operates the Bundaleer Community Centre which is located on a public

housing estate in Warrawong. Our centre provides a range of programs and support options for children, young people and their families living on the housing estate. Community led initiatives are encouraged, with a focus being on whole of community wellbeing and safety.

Communities for Children (Shellharbour)*

Delivered in partnership with our Community Partners, this place-based program offers a range of innovative, trauma-informed, evidence-based activities for children aged birth to 18 in Shellharbour. The goal is to build child-friendly communities by connecting communities, enhancing family health and wellbeing and supporting early childhood development. Find out how to access our free programs here: barnardos.org.au/services/communities-for-children

Supported Playgroups

Supported Playgroups are trusted, evidence-based programs where families and children from birth to five years can learn, connect, and thrive together through free play sessions. Each session includes fun activities, morning tea, parenting support, and opportunities to build community connections. Playgroups are a valuable source of information on parenting, child development, and health, and provide links to local services and events.

Temporary Foster Care

Our Temporary Family Care (TFC) Program has authorised short-term foster carers who look after young children and their siblings if they cannot live safely at home. TFC works together with the family, government and other agencies for children to eventually return home as part of restoration, live with other family members or a permanent safe home for the long term.

Kinship Care

Our Kinship Care program provides ongoing family support to Kinship carers and the children placed with them under statutory arrangements.



Contact us

Barnardos South Coast Children's Family Centre

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Open Monday - Friday
8:30am - 4:30pm

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e: southcoast@barnardos.org.au

Complaints

p: 1300 237 507
w: barnardos.org.au/complaints-policy/



Privacy enquiries

p: (02) 9218 2450
e: privacy@barnardos.org.au

About Barnardos

Barnardos Australia is here because every child needs a champion.

We listen, we act, and we advocate for the safety of children at risk of abuse and neglect, providing family support programs and services that empower children to reach their full potential in life.

When it comes to protecting vulnerable children from abuse, we never give up. Barnardos unites around a child, because they should never have to overcome their challenges alone. We are dedicated to the prevention of trauma in children, and support families to be the best parents they can be. We help children to recover and thrive, and we find safe homes for them through foster care and open adoption where there is a risk of abuse.



Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.



#BarnardosAustralia



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Australia**

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