About Barnardos

Barnardos Australia is here because every child needs a champion.

We listen, we act, and we advocate for the safety of children at risk of abuse and neglect, providing family support programs and services that empower children to reach their full potential.

When it comes to protecting children, we never give up. At Barnardos, we unite around every child, because no child should have to face their toughest challenges alone. We're dedicated to preventing trauma before it starts and supporting families to be the best they can be. We help children heal, recover and thrive, and when abuse is a risk, we help find safe homes through foster care and open adoption.

Together we can create safer childhoods and brighter futures.



Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.

















Connecting Three Dots

A program to empower children to reach their full potential through healing services









About Connecting Three Dots

Connecting Three Dots is a program designed for children with disabilities who have experienced Domestic and Family Violence and are residing in the Newcastle area. This service focuses on providing trauma-informed, child-centred therapeutic healing to help children understand and process their experiences. A diagnosis is not required

Through this approach, it aims to:

- Build self-confidence and sense of self-strength
- Strengthen a sense of safety and stability
- Improve both physical and mental health
- Encourage engagement in school, educational and cultural activities
- Encourage engagement with therapeutic Life Story Work
- Support stronger, more trusting relationships with the safe caregivers

Supported by





Ronald Geoffrey
Arnott Foundation

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