# **Issues facing young people in Australia**



#### **Out-of-home care**

45,000 children and young people are unable to live with their parents due to abuse and neglect. 49% or more than 22,000 children in out-of-home care are aged 10-17 years.

Australian Institute of Health and Welfare (AIHW) - Child Protection 2021-22



#### Substance abuse

Suicide & self-inflicted injuries was the **leading specific** cause of burden in males aged 15-24 years. Anxiety disorders was the leading specific cause in females. AIHW Australian Burden of Disease Study 2022



## Mental health

**1 in 7** children and young people aged 4 - 17 years experience a mental health condition in any given year. AIHW – Australia's Youth – Mental Illness 2021



### Homelessness

Over 28,000 young people aged 12-24 years were estimated to be homeless on Census night 2021. Australian Bureau of Statistics "Estimating Homelessness: Census" 2021



#### Abuse

1 in 6 girls and 1 in 9 boys were physically and/or sexually abused before the age of 15. AIHW – Australia's children 2022



# Care leavers

Within one year of exiting out-of-home care, 50% of care leavers will be unemployed, in jail, homeless or become a new parent. Office of the Children's Guardian (OCG) 2020-2021

# Povertv

419,000 young people or Australians aged 15-24 years are living in poverty. Australian Council of Social Services (ACOSS) Poverty in Australia 2023



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# Unemployment

Youth unemployment is 8% which is more than twice that of the overall population. Australian Bureau of Statistics (ABS), Census, and Labour Force, Australia, September 2023





# **How Barnardos helps**

### **Building resilience**

We offer young people a chance for their voices to be heard while understanding the enormous pressure and expectations placed on them.

We prevent youth homelessness by reconnecting young people with their families, community and education, giving them the tools and resilience to deal with life's challenges.



Youth homelessness services



Youth drop-in and street outreach



Counselling and mediation



Drug and alcohol services



Mentoring and advocacy



Juvenile justice support

Barnardos made a big impact in 2022-23!\*

> **15,209** children, young people and their families were assisted by Barnardos.

**1,404** children aged 0-17 in foster care. **30** children adopted from foster care.

**8,410** children aged 0-17 assisted through our Children's Family Centres. **6,646** children, young people and families helped through referrals and information.

**988** children and families assisted through parenting programs.

**1,005** children, young people and families assisted through early learning and education.

**1,713** young people assisted through youth programs.

**801** children, young people and families assisted through supported housing.

\* in NSW and ACT

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