



## About the centre

The South Coast Children's Family Centre has been providing services to the local community for many years. We welcome families from all backgrounds and cultures. The centre is committed to the provision of innovative, professional and holistic support services to children, young people, their families and the communities in which they live. Our services include:

- Short term foster care
- Kinship care
- Kids-time supported playgroups
- HIPPY - Home Interaction Program for Parents and Youngsters
- Substance Use in Pregnancy and Parenting (SUPPS)
- Family Worker Project
- Aboriginal Family Worker Project
- Communities for Children (Shellharbour)
- Bundaleer Community Development Centre

## Key support services

### Family Support Programs

Our Family Support Services offer a range of programs centred around the goal of supporting Indigenous and non-Indigenous parents, with children under 5 years of age to feel more connected to each other and their community.

Along with home visits, we offer a weekly supported playgroup and parenting capacity programs such as Circle of Security and BlackBox parenting.

### Family Worker Project and Aboriginal Family Worker Project

The Family Worker Project Teams provide short term assistance to Indigenous and non-Indigenous families with children up to five years old, who may require additional support with a range of issues which can impact on parenting and family relationships.

### SUPPS: Substance Use in Pregnancy and Parenting

SUPPS-FS is an intensive Family Support Program for pregnant women who are using drugs and/or alcohol (or are at risk of relapse) and their partners and families. The program offers case management to assist with birth and parenting preparation, drug and alcohol management, and other impacting issues. The program supports maternal health, child well-being and early parenting for up to three years.

### Home Interaction Program for Parents and Youngsters (HIPPY)

HIPPY is a two-year, home-based, early learning and parenting program for families with young children. HIPPY provides structured, education-focused resources and support that lay the foundations for success at school. HIPPY is free for families.

### Community Development Bundaleer

Barnardos South Coast operates the Bundaleer Community Centre which is located on a public housing estate in Warrawong. Our centre provides a range of programs and support options for

children, young people and their families living on the housing estate. Community led initiatives are encouraged, with a focus being on whole of community wellbeing and safety.

### Communities for Children (Shellharbour)\*

In conjunction with our Community Partners this program provides a range of innovative, trauma-informed, evidence-based activities for children from birth to 12 years of age, living in the Shellharbour region. The aim is to create a strong child friendly communities by improving the health and wellbeing of families, and supporting the development of young children. Priority areas are Community Mentoring, Transitions, Health and Wellbeing, Community Spaces and Places, and Parallel Programs.

### Early Childhood Support – Kidstime, Cooida, Poppy and Play Ranger (Supported Playgroups)

Families can attend free, fun 2-hour play sessions at various locations in the Illawarra. Playgroups support families with young children aged 0-5 years with age appropriate early learning activities and opportunities to socialise with other children and parents. They are a source of information on parenting, child development and health and provide links to local services and events.

### Temporary Foster Care

Our Temporary Family Care (TFC) Program has authorised short-term foster carers who look after young children and their siblings if they cannot live safely at home. TFC works together with the family, government and other agencies for children to eventually return home as part of restoration, live with other family members or a permanent safe home for the long term.

### Kinship Care

Our Kinship Care program provides ongoing family support to Kinship carers and the children placed with them under statutory arrangements.

\*This program is funded by the Australian Government Department of Social Services.



## Contact us

### Barnardos South Coast Children's Family Centre

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9am - 5pm

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e: southcoast@barnardos.org.au

### Complaints

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### Privacy enquiries

p: (02) 9218 2450  
e: privacy@barnardos.org.au

## About Barnardos

Barnardos Australia is here because every child needs a champion.

We listen, we act, and we advocate for the safety of children at risk of abuse and neglect, providing family support programs and services that empower children to reach their full potential in life.

When it comes to protecting vulnerable children from abuse, we never give up. Barnardos unites around a child, because they should never have to overcome their challenges alone. We are dedicated to the prevention of trauma in children, and support families to be the best parents they can be. We help children to recover and thrive, and we find safe homes for them through foster care and open adoption where there is a risk of abuse.

Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.



#BarnardosAustralia



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