# **Thank you** for believing in children

Annual Review 2015-16





## **Thank you...** for supporting our vision for children

At Barnardos, we believe in children.

We know that every child deserves a safe, stable, loving and violence-free home, with family members to love and care for them for all of their childhood.

Your generosity shows that you care deeply about these things too.

This year Barnardos staff have continued to work hard keeping thousands of children safe within their own families; and for those children who can't be kept safe, we've found new homes, while still keeping them in touch with their origins.

We've continued to strive to find new ways of preventing child abuse and trauma, and we've been inspired by the hope and healing our wonderful team of staff, carers, volunteers, donors and corporate partners have achieved for disadvantaged children in communities across Australia. Our children are our future.

From all of us, to all of you, thank you from the bottom of my heart. We couldn't do it without you.

Here are just a few stories to warm your heart and show how much your support means, and how it continues to change the lives of children.

Derde Chu

DEIRDRE CHEERS CEO, BARNARDOS AUSTRALIA

"Without the care and support I received from my parents, and from Barnardos, I wouldn't be where I am today."

Review 2015

Your support has helped world leading research into open adoption outcomes of **210** children and young people adopted through Barnardos over the last 30 years.

## Thank you... for believing a child should have a family for life

"I've always known about my adoption. It was never a secret. My birth mother had a problem with drug addiction, and I was removed from her care by the courts when I was a baby. I'm lucky because I was removed at such a young age that I don't remember the neglect and abuse.

I was placed with my parents by Barnardos as a nine month old and my adoption was complete by the time I was 16 months old. My adoptive parents have always been my 'parents', I've never thought of them any other way. From the time I could talk they discussed my adoption. I've always known my story.

My adoptive brother James also came from a birth family where he suffered terrible abuse. As a result, he has physical disabilities and severe cognitive impairment. Our parents brought him into their lives and paid for years of rehabilitation, speech therapy and other disability supports. The doctors said he might not have been able to walk again or live independently if it wasn't for what my parents did for him. James is now working in aged care and studying at TAFE.

My adoptive mother died a couple of years ago. She was a very kind and caring person and she has had a huge impact on my life. Without the care and support I received from my parents, and from Barnardos, I wouldn't be where I am today.

Throughout my life I have had contact with my birth mother. She was never a stranger to me. As part of a school assignment I did some research into 'open adoption', where adoptees have contact with their birth parents and always know where they come from. From what I've seen, I can say adoptees are better off in open adoptions.

My life could have turned out very differently without adoption. Right now I'm in my second year of my Bachelor of Nursing. I'm hoping to become a mental health nurse so that I can help other people. I've seen the difference it makes to a person to be able to receive the help and support they need. It's made a huge difference to my life and I really want an opportunity to give back."

RI

TORI BARNARDOS AUSTRALIA ADOPTEE

"They learn how to be a kid for the first time."

Barnardos Australia Annual Revew 2015

ALCONOMIC .

With your support **649** children in crisis were kept safe with our short-term foster carers.

## **Thank you...** for being there when it matters most

"We truly believe regular people can make a huge difference in the lives of children in need, and have seen it first-hand through our work with Barnardos. Eight years ago I saw that there was a shortage of carers in my area on an ad. My husband Gary thought I was crazy, but I told him we could try it and see how we went. More than 20 foster children later, we still aren't stopping.

We have had children in our care from just a few days to more than a year, single children to whole groups of siblings, babies to teens. We have seen heartbreaking injuries to babies as young as five weeks old, and children too old for their age from their life experiences – you just wish you could take it all away.

It is hard to imagine just how some children recover from what they have been through. But with the right support and some TLC, they can, and they really do. They gain confidence in themselves and learn how to be a kid for the first time. Children go from not knowing their name or barely reading, to then jumping ahead of their class at school.

We are just two of over 1000 carers who this year had the 24 hour support of Barnardos staff to give Australian children a better future.

I know that not everyone is in a position to foster children in their home. However, each and every one of us can, in some way, make a difference to a young life. And together we are.

We want to thank the wider Barnardos family, including all those who are able to give financially, because every child deserves the best start in life, to be safe and to be loved."

DONNA AND GARY BARNARDOS AUSTRALIA FOSTER CARERS

You gave **1583** Aboriginal children and young people every opportunity for a brighter future.

## **Thank you...** for helping families and communities to heal

"I've always loved working with kids. Teaching them our culture and leadership skills is so important. I'm a Budjari-Muruwari man. I came down to Waterloo ten years ago from Brewarrina for a week's work and I'm still here today.

I pick the kids up in the bus at the end of the school day. We get them into a routine with their homework and keep in contact with the teachers. Our program delivers a range of academic, recreational and social activities for the kids – giving them the same opportunities as their peers.

I believe that the kids have got to learn about their identity. We teach them about their culture and their history. It's so important that our kids know where they come from and where they fit within society. When we talk about the Dreaming, we don't just talk about the past, we also talk about the future. It's never-ending.

Traditionally when a child is born, an Elder becomes responsible for that child. So we try to encourage a lot of that stuff as well. We become an extended family.

We get some kids with really bad behavioural problems, but who else is going to take them? We know at the end, they are going to be in a better situation, with better outcomes. We're confident that we can transform them. That's what we do.

I believe in not only helping the child, you've got to deal with their environment. The family, the teachers and the other students, all have a lot of impact and influence. If you start to change the things around them, that child will start to change.

A lot of our kids have finished high school and are in jobs or at TAFE or university. One is about to commence law studies, another is going to the United States to study. A number are becoming childcare workers or teachers. They want to help their community when they get older.

We plant the seed within these little kids and they go on and you see them blossom. It makes you feel proud to be a part of their life. We get our rewards at the end.

Our program receives no government funding and is truly only possible thanks to the kind and generous supporters who believe in what we do. So thank you."

BRICE

UNCLE BRUCE YURUNGAI INDIGENOUS LEARNING CENTRE

"We become an extended family."

## Thank you... for believing no young person should be left on the street

"When others might think it is too late for a young person to turn their lives around, Barnardos is still there willing to help them. I know this, because they were there for me as a teen when I found myself living on the streets. There is no question in my mind that if it hadn't been for the help I received, I would be where many of my friends are today – homeless, dealing, incarcerated or even dead.

I grew up in a very poor area. There was trouble at home and I found myself homeless. I would sleep behind the local community centre or on park benches. I became isolated and constantly felt on edge. I wanted to connect with those around me, but they were all part of gangs. They sold drugs, took drugs, and ultimately ended up in gaol, but the truth is I was no different to any of them.

The only people who were there on those hostile streets were Barnardos. They found me and gave me hope for a way out. There were so many times I could have easily slipped back into that dangerous life, but they never stopped working with me – it didn't matter how dark things got. Today I am a Barnardos youth worker, and I don't give up on any of the teens who, like me, just want someone to believe in them. I know that the environment is hard to leave, and these young people don't believe another future is possible for them.

Our approach works. I am proof that you can turn your life around. I cannot thank the generous people who gave me a second chance enough. I never thought I would become a youth worker, but I too want to make a difference to young lives. They deserve this chance to change and make something of themselves, just like I did."

Some

SAMEY BARNARDOS AUSTRALIA YOUTH WORKER

You helped improve the lives of **3631** young people at risk on the streets and helped them connect back into the community.

"If it wasn't for the help I received, I would be... homeless, dealing, incarcerated or even dead." "Absolutely no child ever gets kicked out of our centre."

BARMERO

AAAAA

Because of you 929 children were supported through playgroups, early learning and parenting programs to make sure they start school well.

## Thank you... for giving every child the chance to shine

"At Barnardos we never give up on our children. It doesn't matter where they have come from or what trouble they have been in, we believe in the potential of every child. Last year I met a young boy named Louis at our long day care centre. Louis was four years old and had been asked to leave 14 other childcare centres due to his difficult behaviour.

The reality was, at home, Louis lived with seven other siblings. His mum struggled with mental health issues, working overtime and caring for so many children, and sadly Louis's needs had been lost amongst the family's other difficulties.

Louis often hit staff members and tore up anything in his path. One day, he secretly unscrewed the bolts on a table so it fell down on his classmates. I sat Louis down to talk about it and his first words were, "Are you going to kick me out now?" I told him absolutely no child ever gets kicked out of our centre, but his favourite bright blue gum boots might get put away if he couldn't keep his hands and feet to himself.

Knowing that he was here to stay in spite of his acting out, he was motivated to behave better and, of course, wear his beloved shoes. It became clear that Louis was an extremely bright child who loved responsibility. So I made him my helper with marking the roll and setting the lunch tables, and he even assisted our handyman with assembling new equipment.

I think the fact that he knew we wouldn't cast him out, and the new ways he learned to channel his energy constructively, are what allowed him to grow as the months rolled on.

Because we never gave up on him, Louis started school at the same time and level as his peers. Like so many of our children, Louis had been let down by those who were supposed to help him. Thanks to our committed supporters we were there to make sure this wasn't the 15th time. On graduation day, Louis's face was absolutely beaming and of course, he was wearing his bright blue boots."

ary t

MARY-ANNE BARNARDOS AUSTRALIA PROGRAM MANAGER

To avoid social isolation caused by geographical, economic or social disadvantage, Barnardos offer national grants of up to \$5000 to engage all children in learning.

# **Thank you...** for believing education is key

"Our school is located an hour west of Cairns and has over 800 students aged between five and 12 years. Three quarters of our school come from a lower socio-economic background and one third of our children are Indigenous.

When I arrived at Mareeba two years ago there was no way of knowing why poorly performing students were having difficulties learning. We wanted to rule out hearing and vision problems, however many of our families had difficulties in getting their children's hearing and vision assessed, even when strongly recommended by their teacher.

Without the funds to pay for the tests ourselves, we applied for a grant from Barnardos for the HAVE (Hearing And Vision Examination) Project, based on our belief that without effective learning we contribute to a society of "haves" and "have-nots". We want our students to be the "haves" enabling them to contribute more fully in their community.

We were very fortunate to receive a grant of \$5000 from Barnardos to carry out 84 hearing and 55 vision

checks, which identified 13 children with hearing problems, and nine students who needed glasses.

Receiving this grant has been a tremendous help to our whole school community. Our teachers now understand some children have physical barriers to learning and can employ strategies to maximise their potential. We also identified 20 children whose learning difficulties were based on intellectual impairment or other disabilities, for whom we now have extra professional support.

Thank you for transforming the lives of our students, who are now set to achieve at a higher level and also for improving the learning experience for them, their classmates and teachers."

Jo, Tones

JO JONES LAIFOO, GUIDANCE OFFICER, MAREEBA STATE SCHOOL



## **Thank you...** for providing shelter in a storm

"Watching Sara's' transformation is why I love what we do at Barnardos. I believe our success comes from our flexibility and the ability for families like Sara's to access services all under one roof.

Sara's son Adam<sup>^</sup> was only four months old and Sara herself just 21 when she came to us for help. She had been in Australia only a very short time, and her English was almost non-existent. Her marriage had broken down and she had fled with no money or possessions. She was homeless, sleeping on the floor of a distant relative's apartment. Tragically she had left Adam behind, as her husband had not allowed her to take him with her.

Sara wanted her son – and her life – back. When you have nothing it can be incredibly difficult to rebuild your life. However, Sara grabbed every opportunity with both hands.

We found Sara a safe place to live in one of our temporary accommodation units. With somewhere to call home, she could begin to focus on getting her son back and providing him with a stable future. It took four months of legal proceedings for Sara to regain custody of Adam, but we were there to guide her through the process. After he came to live with her in Barnardos accommodation, we provided parenting support to help them both. We knew Sara needed a way to support Adam and herself long-term. When Sara went to a hotel with us to learn about the hospitality industry, they offered her some work experience. I knew it was just what she needed, to not only get her confidence back, but to help her support her son.

We organised childcare for Adam while she did her work experience, and ensured she had groceries and food at home so she could spend her evenings bonding with him. The trial went so well that Sara was offered a full time job!

Now Sara's career is going wonderfully and she is so proud to be independent. She often says "Barnardos is my family." I am so glad we are able to provide such a wide range of assistance for families in need. Thanks to our donors, Sara and Adam were able to get back on their feet, and now look forward to a bright future."

eema

SEEMA BARNARDOS AUSTRALIA CASE MANAGER

\*^Names have been changed to protect privacy

You supported and strengthened families to keep **7457** children safe at home.

"She had fled with no money or posessions... she was homeless."

- alling

You gave **383** children stability through permanent foster care (including 18 open adoptions).

# Thank you... for believing every child deserves a safe and loving home

"Leisa and I had been trying for a family for ten years. We worried it wouldn't happen for us and we were ready to give up when we learned just how many children in Australia are in need of a safe home to grow up in. Here we are, today, as a family of five. I simply couldn't image our life without Shaelee, Coopah and Rowan. Welcoming these three children into our home and giving them the love and care they deserved is without a doubt the best thing we have ever done.

One morning, less than nine months after we had first made enquiries with Barnardos, we got the call that would change their lives. Barnardos had a sibling group of three that needed a family to grow up in and a place to call home – starting the next week.

We knew how important it was to keep these two brothers and their big sister all together so of course, without hesitation, we said yes! We had done the training but it didn't become real until we were driving to meet them for the first time. There were so many things going through my head at that moment. You know your life is about to change.

Taking on three kids under the age of four sounds like a big ask for first time parents and, of course, it was chaotic. Leisa and I knew that with love, patience and a new routine, the children would come to understand that this was their forever home.

I will never forget when we took the kids out for a meal during our first week together. Shaelee was only three at the time. We were at the local pizza restaurant when she sat next to me and whispered, 'Is it ok if I call you Daddy?' It was really a defining moment for me. I was their Dad and nothing was going to change that. I knew then that we were a family and Shaelee, Coopah and Rowan would be a part of our lives forever.

It means a lot to us to give these kids the opportunity to grow up in a safe, secure and loving home, and Barnardos were there every step of the way. Every child should have this chance. As Leisa says, every bit of love you give you get back – and that goes for the Barnardos donors too.

Thanks to your support and to Barnardos, our home is full and so are our hearts.

I wouldn't have it any other way."

RAY BARNARDOS ADOPTIVE PARENT

### In 2015/16...

#### You helped



#### Children and young people

Including



Children and young people 'at risk' of abuse kept safe in their families

123

Children given educational support through Indigenous learning centres



Children kept safe through kinship care, foster care and open adoption



Children and young people with disabilities given support



Homeless young people reconnected with family or supported with accommodation



Children and young people given domestic violence and child sexual assault support Through



**Programs and services** 

## How you've helped children to be safe and supported as they grow



Family support and preservation Kinship care Foster care Open adoption

### 5-12 years

Family support and preservation Kinship care Foster care Open adoption

Child sexual assault counselling

## Supporting education

Keeping

children safe

#### Supporting parents

Supported playgroups Early learning School readiness

Parenting support Supported playgroups Long day care Disability support Family mediation and counselling Domestic violence support Mental health support Drug and alcohol support Crisis accommodation Breakfast clubs Homework support Mentoring and tutoring Indigenous learning centres

Parenting support

Disability support

- Family mediation and counselling
- Domestic violence support
- Mental health support
- Drug and alcohol support
- Crisis accommodation

### 12-18 years

Family support and preservation Kinship care Foster care Open adoption Residential care Child sexual assault counselling Drug, alcohol and sexual health support Youth support Accommodation support

Breakfast clubs Education and training support Mentoring and tutoring

Parenting support

Disability support Family mediation and counselling Domestic violence support Mental health support Drug and alcohol support Crisis accommodation

## 18-25 years

Foster and kinship care support Care leaver support

Youth support Accommodation support

Education and training support

**Disability support** 

### Where your money goes...

OUR OVERALL FINANCIAL POSITION FY15-16*	
	\$000's
Total current assets	12,906
Total non-current assets	12,967
Total assets	25,873
Total current liabilities	10,562
Total non-current liabilities	1,682
Total liabilities	12,244
Net assets	13,629
Total equity	13,629





\*Please refer to the Barnardos Australia Annual Financial Report 30 June 2016 for the full report. In 2015-16, for every dollar spent on fundraising we raised **\$3.02** 

Together we helped even more children.

## OUR SOURCES OF FUNDS AND EXPENDITURE FY15-16\*

\$000's





Marketing revenue	7,923
Government subsidies	61,699
Other welfare revenue	856
Recruitment services	6,127
Investment, rental and other revenue	322
Total revenue	76,927
DEDUCT EXPENDITURE	
DEDUCT EXPENDITURE Welfare centres	67,763
	67,763 2,798
Welfare centres	
Welfare centres Marketing	2,798
Welfare centres Marketing Property & administration	2,798 1,438

Thank you to all of our supporters.

#### Individuals

Peter J Ryan Norman Mooney Jann E Skinner Colin S Roden Sonia Soans Julia A Farrell Varoe Legge Rosemary F Howard **Rosemary Rajola** Paul Ireland J F Grimsdale Susie Maple-Brown Margaret Ralston Luke S Dowhy Kate & Dig Howitt Coral Allan in memory of Val and Peter Moxham Peter & Barbara Hoadley Mary Angelus Jennifer Smith Tom and Carolyn Lyons OAM, Parmedman Family Trust Robert & Ruth Magid

#### **Bequests**

- Annetta Maria Dorothea Josephine Adami Arthur William Selwyn Watson Ausilio Confalonieri Barbara J Neill Cathy Elizabeth Bax Dorothy Stanbury Ramsay Edith Maude Roper Trust Eduard Steinbaur Eduard Steinbaur Edwin George Batchelder Eileen Muriel McDonnell Elizabeth Agota Papp Elizabeth Mary Bowden
- Elsie Margaret Greig Frederick William Roper Trust Geoffrey St Maur Mills Gerald A Moody Gwendoline Alice Uphill Hans Horst Mross Jack Robert Harrison John & Gabrielle Critoph Trust Fund John Melrose Charitable Trust K & G Gluck Trust Leslie Allan Maurer Lindsay Keppel Richards

Hotel Centennial Ladies Lunch

Maria Mansfield Marie Adeline Swinton Michael John Oldfield Robert Bolton Sturrock Ronald Leslie Armour Salvina Nemec Taliana Sheila E Finlayson The Catherine Ellen Carter Estate Trust The Heinrich Theodore Noske Estate Trust The William Moore Estate Trust Thomas Aubrey Bowen Veronica Fisher

#### **Organisations**

ALDI Stores (A Limited Partnership) Attaway Foundation Blackheath & District Helpers Guild Bridging Hope Pty Ltd atf Bridging Hope Charity Foundation CAGES Foundation Canberra Branch Committee Candana Designs Pty Ltd Carsales Elite Change Angels Christmas in Pyrmont Collier Charitable Fund Commonwealth Bank Staff **Community Fund** Coogee Lions **Deloitte Touche Tohmatsu Dooleys Lidcombe Catholic Club** Limited Elizabeth Gabler Charitable Trust EMC Global Holdings Company Endeavour Energy

HSBC Bank Australia Limited James N. Kirby Foundation Janssen-Cilag Pty Ltd Johnson & Johnson Medical Pty Ltd King & Wood Mallesons Law and Justice Foundation of NSW Legions Club Coogee MF Healsmith Pty Ltd Mundipharma Nell & Hermon Slade Trust Nestle Australia Ltd Norton Rose Fulbright OfficeMax Australia Ltd OfficeMax New Zealand Limited Paul Ainsworth Family Foundation Penrith Panthers Rugby League Club Perpetual Trustee Company Limited Peter Pan Committee Peter Pan Opportunity Committee

**Property Industry Foundation** Reserve Bank (NSW) Benevolent Fund Reserve Bank of Australia RMT Sails on Lavender Bay Restaurant Sass & Bide Select Encompass Credit Union Steggles Pty Ltd Tennis NSW The Amelia Fliza Holland Trust The Corio Foundation The Star Entertainment Titan Fitness (Coogee) Pty Ltd Tony Hyman Auctions Pty Ltd Veolia Environmental Services Walter Campbell Memorial Trust Western Region Auxiliary Westfield Penrith Whelan Project Co Pty Ltd YellowBrickRoad

## We believe in children.

Barnardos Australia Board

<u>Chair</u> Gabrielle Trainor

Deputy Chairs Sharyn Schultz Rhonda Stien

Honorary Treasurer Michael Bencsik

Other Directors Rosemary Howard Abbey McKinnon Robert McGregor Jane Paskin Julie Pascoe John Pittard Fran Waugh 60-64 Bay Street Ultimo NSW 2007

GPO Box 9996 In your capital city DX 11801 Sydney Broadway

T: 02 9218 2300 F: 02 9281 0441

barnardos.org.au

Info line: 1800 061 000 Foster carer enquiries: 1800 663 441

#### Get social

#webelieveinchildren #barnardosaustralia @barnardos\_au

