



## About the centre

**Barnardos Southern NSW** is made up of several different programs run out of different offices in the Southern NSW Region. Our main office is located in Queanbeyan.

### Our services include:

- Child Youth and Family Support (Queanbeyan/Palarang)
- Intensive Family Preservation Service (Cooma Monaro/Snowy Mountains Shires)
- Brighter Futures Early Intervention Program (Cooma Monaro/Snowy Mountains Shires)
- Family Preservation Service (Narooma)
- Youth and Family Support (Qbyn/Palarang & Cooma Monaro/Snowy Mountains Shires)
- Homelessness Support Service (Qbyn/Palarang)
- Homework Club (Queanbeyan)
- Breakfast Club (Jindabyne)

## Support services

### Child, Youth and Family Support

We work with young families with children aged between 0- 15 years and assist them through:

- Case management
- Home visiting
- Information, advice, advocacy and referral
- Parenting programs, one to one groups
- Group work
- developing community connections

### Youth and Family support

We work closely with young people aged 12- 18 years and their families to support and reconnect them with education, family and community.

We aim to developing independence, increase employment opportunities and improve well-being. We also work on strengthening family relationships and supporting positive life choices.

### Brighter Futures Early Intervention

The program normally runs for 12 – 18 months and is for families and their children at 'Risk of Significant Harm'. We work with vulnerable families with children aged 0 – 8 years and can offer:

- Case management
- Home visiting a few days per week
- Childcare
- Information, advice, advocacy & referral
- Parenting programs, one to one groups
- Community connections

### Intensive Family Preservation

The Intensive Family Preservation (IFP) program is Community Services highest intensity placement prevention program for families with children aged 0-15 years at imminent risk of removal and placement in OOHC. The intervention consists of

a period of twelve weeks of intensive casework followed by a period of up to 40 weeks of continuous, multi-faceted and individually-tailored casework and assistance services. Referrals are via Department of Communities and Justice only.

### PSP Family Preservation Service

This program provides assistance to children 0-16 and their families. The program aims to deliver wrap around supports to children and their families to prevent entry into Out of Home Care. DCJ is the only referral agency for this service and our office covers the LGA of Eurobodalla.

### Specialist Housing Support Service

Barnardos work in partnership with Molonglo Support Services to deliver the Your Place Specialist Homelessness Services (SHS) for the Queanbeyan/Palarang region with the aim of ensuring people at risk of homelessness are supported to achieve safe and stable housing in the community.

The program supports people who are experiencing, or who are at risk of homelessness through early intervention, crisis and transitional support and post crisis support services.

### Learning Focus Centre (Homework Club)

The Homework Club operates 4 days per week, after school at 4 local primary schools in Queanbeyan. We caters for Aboriginal and Torres Strait Islander children in years K - 6. The program focuses on numeracy and literacy development, in a Culturally aware environment, improving community connections, cultural awareness and educational and wellbeing outcomes.

### Breakfast Club (Jindabyne)

We have a two year grant program to provide support, advice, advocacy and referrals for families and their children effected by the 2019 bushfires that devastated local communities.

## Contact us

### Barnardos Southern NSW Centres

#### Queanbeyan/Palarang Region

220A Crawford St, Queanbeyan NSW 2620

PO Box 358, Queanbeyan NSW 2620

p: 02 6124 3800

e: southernnsw@barnardos.org.au

#### Cooma Monaro & Snowy Mountains Shires

Cooma Public School

Commissioner St, Cooma NSW 2630

PO Box 1434, Cooma NSW 2630

p: 02 6124 3800

e: southernnsw@barnardos.org.au

Open Monday – Friday

9am – 5pm

#### Complaints

p: (02) 9218 2455

e: complaints@barnardos.org.au

#### Privacy enquiries

p: (02) 9218 2450

e: privacy@barnardos.org.au

## About Barnardos

At Barnardos, we hope to end child abuse and neglect by supporting families to keep children and young people safe at home. We help children and young people who have experienced trauma, to recover and thrive.

We connect children, young people and families to their community to ensure they never feel isolated. We give children, young people and families the tools to cope with life's challenges and improve their wellbeing. We motivate children, young people and their families to embrace learning and education so they can reach their brightest future.

We amplify the voices of young people to influence Government on the issues that affect their lives. We celebrate diversity and encourage children, young people and families to embrace their culture, history and identity.

Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.



#BarnardosAustralia



**Barnardos**  
Australia

Because every child  
needs a champion

## Southern NSW Centres

