



## About the centre

The South Coast Children's Family Centre has been providing services to the local community for many years. We welcome families from all backgrounds and cultures. The centre is committed to the provision of innovative, professional and holistic support services to children, young people, their families and the communities in which they live. Our services include:

- Short term foster care
- Kinship care
- Kids-time supported playgroups
- HIPPY - Home Interaction Program for Parents and Youngsters
- Substance Use in Pregnancy and Parenting (SUPPS)
- Family Worker Project
- Aboriginal Family Worker Project
- Communities for Children (Shellharbour)
- Bundaleer Community Development Centre

## Key support services

### Family Support programs

Our Family Support Services offer a range of programs centred around the goal of supporting Indigenous and non- Indigenous parents with children under 5 years of age to feel more connected to each other and their community. Along with home visits, we offer a weekly supported playgroup and parenting capacity programs such as Circle of Security and BlackBox parenting.

### Family Worker Project and Aboriginal Family Worker Project

The Family Worker Project Teams provide short term assistance to families with children up to 5 years old in the Wollongong and Shellharbour LGA areas, who may require additional support with a range of issues which can impact on parenting and family relationships.

### SUPPS: Substance Use in Pregnancy and Parenting

SUPPS-FS is an intensive Family Support program for pregnant women who are using drugs and/or alcohol (or are at risk of relapse) and their partners and families. SUPPS can assist with learning about becoming a parent and the child's birth, drug and alcohol management, and other issues that may impact parenting ability. The program supports maternal health, child well-being and early parenting for up to three years.

### Home Interaction Program for Parents and Youngsters (HIPPY)

HIPPY is a two-year, home-based, early learning and parenting program for families with young children. HIPPY provides structured, education-focused resources and support that lay the foundations for success at school, to ensure children are 'school-ready' and develop a love of learning. HIPPY is free for families.

### Community Development Bundaleer

The Bundaleer community centre is located on a public housing estate in Warrawong. It provides a range of programs and support options for children, young people and their families living on the housing estate. A range of community led initiatives are encouraged, with the focus being on whole of community wellbeing and safety.

### Communities for Children (Shellharbour)

In conjunction with our Community Partners this program provides a range of innovative, trauma informed, evidence based activities for children from birth to 12 years of age, living in the Shellharbour region. The aim is to create strong child friendly communities by improving the health and wellbeing of families and supporting the development of young children. Particular attention is focused on early learning, transition to school and school engagement.

### Home Interaction Program for Parents and Youngsters (HIPPY)

HIPPY is a free, two-year, home-based, early learning and parenting program for families with young children. HIPPY provides a structured, education-focused program that lays the foundations for success at school.

### Early Childhood Support – KIDSTIME, COOINDA & POPPY (Supported Playgroups)

Free, fun 2-hour play sessions at various locations in the Illawarra. Playgroups support families with young children aged 0-5 years with age appropriate early learning activities and opportunities to socialise with other children and parents. They are a source of information on parenting, child development and provide links to local services and events.

## Contact us

### Barnardos South Coast Children's Family Centre

13 Greene Street Warrawong NSW 2502  
PO Box 76 Warrawong NSW 2502

Open Monday - Friday  
9am - 5pm

p: 02 4275 8575  
e: southcoast@barnardos.org.au

### Complaints

p: (02) 9218 2455  
e: complaints@barnardos.org.au

### Privacy enquiries

p: (02) 9218 2450  
e: privacy@barnardos.org.au

## About Barnardos

At Barnardos, we hope to end child abuse and neglect by supporting families to keep children and young people safe at home. We help children and young people who have experienced trauma, to recover and thrive.

We connect children, young people and families to their community to ensure they never feel isolated. We give children, young people and families the tools to cope with life's challenges and improve their wellbeing. We motivate children, young people and their families to embrace learning and education so they can reach their brightest future.

We amplify the voices of young people to influence Government on the issues that affect their lives. We celebrate diversity and encourage children, young people and families to embrace their culture, history and identity.



Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.



#BarnardosAustralia



**Barnardos**  
Australia

Because every child  
needs a champion

## South Coast Children's Family Centre

