



## About the centre

**The Penrith Children's Family Centre** has been providing services to the local community as early as 1984. We welcome families from all backgrounds and cultures.

Our evidence-informed programs and expert staff provide critical and practical support to children, young people and families when it is needed the most.

Our services include:

- Crisis intake support
- Family support
- Temporary family care (foster care)
- Kinship care
- Semi-supported accommodation
- Disability support services
- Youth support
- Intensive family preservation
- Domestic and community violence support
- Limited legal services

## Support services

### Intensive Family Preservation

We work intensively with families who have children aged 0-18 years of age who are referred to us by the government to ensure the safety and well-being of children at all times and to strengthen the family unit to avoid children going into out-of-home care.

Intensive Family preservation provides intensive in home crisis support, practical assistance, improves parenting capacity, improves family functioning to support vulnerable families who have children at risk of significant harm and are at risk of entering the out of home care system (OOHC).

### Supported Accommodation

We offer short-term accommodation to families and singles over the age of 18 years old with dependent children under age of 12 years old who are experiencing homelessness. We provide assistance through family support while finding suitable sustainable housing that can reduce any impact of risk and provide security for families and children.



### Family support

The Family Support Program strengthens relationships between children, young people, their families and community through advice and support for families with children 0-12 years old.

Family Support Program supports families that are at risk of break down for a variety of reasons and offers supports through case work, home visiting, referrals, parenting programs and supports for children emotional wellbeing.

### Youth Support

We assist young people 12- 21 years of age who are at risk of homelessness, entering custody, substance misuse, unemployment or being suspended/expelled from school. We help young people through a variety of programs including school holiday programs, Outreach program, educational workshops and extra case-work.

### Disability support services (DSS)

The Disability Support Program provides a range of social and community activities for children/teens with an intellectual disability. Support is offered on weekends, school holidays and weekdays. Through individualised NDIS Plans, families are given choice and control over supports that meet the needs of their child/teen to develop skills that make them more independent

### Foster care (TFC)

Our short-term foster care program has authorised foster carers who look after young children and their siblings if they cannot live safely at home. Our goal is to help the children return home when it is safe to do so.

## Contact us

Barnardos welcomes all families and individuals experiencing a variety of issue requiring support or advice.

A Barnardos intake worker is on hand to assist with support, material assistance, food relief, referral based services including access to counselling services and EAPA with the aim to connect families in community to feel supported and valued.

### Barnardos Penrith Children's Family Centre

3-5 Hosking St Cranebrook NSW 2749  
PO Box 79 Cranebrook NSW 2749

Open Monday - Friday  
9am - 5pm  
Closed between 1 - 2pm , weekdays

p: 02 4729 1211  
e: [penrith@barnardos.org.au](mailto:penrith@barnardos.org.au)

After Hours Emergencies : 0423 782 414

### Complaints

p: (02) 9218 2455  
e: [complaints@barnardos.org.au](mailto:complaints@barnardos.org.au)

### Privacy enquiries

p: (02) 9218 2450  
e: [privacy@barnardos.org.au](mailto:privacy@barnardos.org.au)

## About Barnardos

At Barnardos, we hope to end child abuse and neglect by supporting families to keep children and young people safe at home. We help children and young people who have experienced trauma, to recover and thrive.

We connect children, young people and families to their community to ensure they never feel isolated. We give children, young people and families the tools to cope with life's challenges and improve their wellbeing. We motivate children, young people and their families to embrace learning and education so they can reach their brightest future.

We amplify the voices of young people to influence Government on the issues that affect their lives. We celebrate diversity and encourage children, young people and families to embrace their culture, history and identity.



Barnardos Australia acknowledges the traditional custodians of the land on which we live and work.

We pay our respect to past, present and future elders.



#BarnardosAustralia



**Barnardos  
Australia**

Because **every** child  
needs a champion

## Penrith Children's Family Centre



**Barnardos  
Australia**