



family
referral service

Your link to support
Tel. 1800 066 757



CatholicCare
Diocese of Broken Bay



Barnardos
Australia

Finding it difficult to cope but don't know where to turn?



Call the **South Eastern and Northern Sydney Family Referral Service** on **1800 066 757**.

- We can help you find useful services in your local area
- You can speak to us by telephone, you can visit our offices, we can meet you in your home or somewhere convenient for you
- We link young people, children and families to culturally sensitive services wherever possible
- We provide free interpreters

For more information contact us on:

Phone: 1800 066 757

Email: sensfamilyreferral@barnardos.org.au

We can link you with services to help with:

- Domestic violence
- Migrant and Settlement
- Financial assistance
- Counselling and mediation
- Child and Parenting programs
- Youth support
- Housing and accommodation
- Mental health support and any other services you may need