

# Your lunch can change lives

Fundraising for Barnardos Australia



Barnardos  
Australia



## Remember the excitement of opening a lovingly packed lunch box?

Sadly not all children have this memory. One in 10 Australian children go without food for a whole day once a week\*.

BYO Lunch for Barnardos celebrates those sandwich-trading, snack-swapping lunch times while raising funds for Barnardos Australia so we can support those children whose families need a little help.

\*Anglicare 2012



**We believe  
hosting  
a BYO  
lunch for  
Barnardos  
Australia  
is easy!**

### **How does it work?**

- 1. Set the date**
- 2. Get a group together**
- 3. Bring a packed lunch to work**
- 4. Donate what you typically spend on lunch to Barnardos Australia.**

**It's really that simple.**

**By donating the money you could have spent on lunch, we'll be able to ensure all children receive the help they need. Especially those children who don't have anyone packing their lunch today.**

**And all this just by reliving your old favourite packed lunch! Sign up to organise your BYO Lunch fundraiser today and have a lunch that changes lives.**

**1800 061 000**  
**barnardos.org.au**  
**#BYOLUNCH**



**We  
believe  
in  
children.**



**Barnardos  
Australia**